

# Michelle Strange

MSDH, RDH, CDIPC

7th Annual Emerging Infection Control Leader, OSAP Award Winner

# Prevention - The hollow leg of dentistry





### DISCUSS THE CONCEPT OF GUIDED BIOFILM THERAPY:

Participants will learn about Guided Biofilm Therapy as an innovative approach to managing biofilm effectively. Exploring this concept will highlight its potential benefits in optimizing patient care outcomes



## COMPARE THE POWDERS AND TECHNIQUES USED FOR AIR POLISHING PROCEDURES:

The presentation will compare different powders and techniques utilized in air polishing procedures. Understanding the varying options available will enable dental hygienists to choose the most appropriate method for different patient needs.



## REVIEW MOTIVATIONAL TECHNIQUES FOR IMPROVED PATIENT OUTCOMES:

Participants will explore motivational techniques that can be employed to inspire patients to take an active role in their oral health. Enhancing patient motivation can lead to better compliance with preventive measures and long-term positive outcomes.





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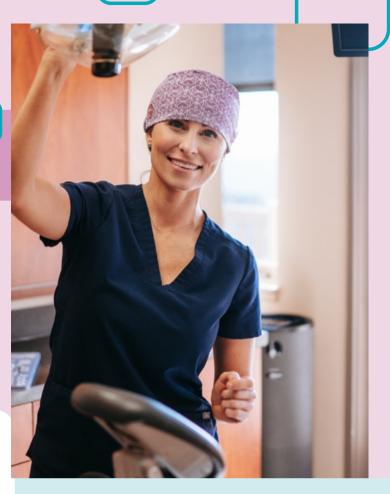
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#### Certificates

- Local anesthesia
- Guided Biofilm Therapy
- Certified in Dental Infection Prevention and Control by OSAP/DANB



# SUMMARY

The profession of dental hygiene has its roots in the principle of prevention. However, it's essential to pause and reevaluate whether we are effectively preventing dental disease for our patients.

Do our routines prioritize prevention as much as they do treatment? Managing biofilm is crucial, both in-office and at-home, and dedicating more focus to this aspect during patient care could be a gamechanger.

What if we revamped our approach and placed behavior change and motivation at the forefront of each appointment? Shifting the paradigm and prioritizing coaching the patient first, before therapeutic procedures like air powder polishing based on assessment and diagnosis, could significantly promote prevention over treatment.

By achieving the objectives, dental professionals can renew their commitment to prevention and gain valuable insights into incorporating innovative techniques like Guided Biofilm Therapy and motivational strategies into their patient care approach.

Emphasizing prevention over treatment can have a profound impact on patients' oral health and overall well-being.