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7th Annual Emerging Infection Control Leader, OSAP Award Winner

Creating long-lasting patient outcomes: No scaler required



REVIEW THE TRADITIONAL DENTAL HYGIENE APPOINTMENT VS. PREVENTION-FOCUSED APPROACH:

Participants will compare and contrast the conventional dental hygiene appointment, often centered around calculus removal, with a prevention-focused approach. Understanding the differences will highlight the potential benefits of prioritizing prevention in patient care.

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DESCRIBE AND DISCUSS THE IDEA OF BIOFILM MANAGEMENT:

The course will delve into the concept of biofilm management as a key aspect of preventing dental disease. Participants will gain insights into effective strategies for managing biofilm, thus promoting better oral health outcomes.

REVIEW MOTIVATIONAL INTERVIEWING TECHNIQUES FOR IMPROVING PATIENT BEHAVIORS

Participants will learn and practice motivational interviewing techniques to enhance patient engagement and promote positive behavioral changes related to oral health.

EXPLORE PATIENT PRODUCTS FOR AT-HOME BIOFILM MANAGEMENT:

The objective is to familiarize dental professionals with different types of oral hygiene aids, such as electric toothbrushes, interdental brushes, dental floss, and antimicrobial mouth rinses. Participants will understand the effectiveness of each product and how to tailor recommendations to individual patient needs for optimal biofilm control.

ADDRESSING BARRIERS TO CARE: DEI AND TRAUMA CONSIDERATIONS:

This objective focuses on understanding and addressing barriers to oral care for patients from diverse backgrounds, including those from marginalized communities (DEI considerations) and individuals who may have experienced trauma. Participants will gain insights into the potential challenges these patients face in accessing dental care and develop strategies to create a welcoming and sensitive environment.



SUMMARY

For quite some time, the role of a dental hygienist has been primarily centered around calculus removal. However, it's essential to question the rationale behind this focus. Is calculus truly the cause of dental disease?

Taking a step back from our routine scale, polish, and floss procedures, we must critically examine why we use a scaler on the tooth and whether polishing away stains may have unintended consequences.

Instead, what if we reevaluate our patient care process, with behavior change and motivation taking precedence during appointments?

Shifting our approach to prioritize coaching the patient first, alongside disease prevention based on at-home biofilm management and other factors, could lead to the positive change we seek

In this course, we will explore alternative therapeutic approaches to patient treatment, emphasizing the game of helping patients prevent dental disease.



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Certificates

- Local anesthesia
 - Guided Biofilm Therapy
 - Certified in Dental Infection Prevention and Control by OSAP/DANB