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COURSE INFO

Stop asking your patients to floss



Objectives

- Define motivational interviewing
- Discuss the difference between patient-centered and clinician-centered approaches
- Discuss how teledentistry can impact oral hygiene instructions
- Discuss product options and techniques to meet patients where they are in their oral health goals

Did you feel triggered reading that title?

How could a hygienist not ask patients to floss?

Well, because they don't want to, often don't have the dexterity for it, and it isn't always the best option.

Homecare recommendations have been on repeat for far too long. It is time to break that record and discuss patients' many options for maintaining and preventing their oral disease.

This course will discuss motivational interviewing to help elicit change behavior for at-home care efforts. We will discuss how fine motor skills are hard to change without routine coaching, and we will discuss the many products available to people in today's world.