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## COURSE INFO

## Prevention-- The hollow leg of dentistry



### Objectives

- Discuss the history of prevention in dentistry
- Discuss the concept of Guided Biofilm Therapy
- Compare the powders and techniques used for air polishing procedures
- Review motivational techniques for improved patient outcomes

The profession of dental hygiene was created on the concept of prevention.

*If we take a moment to reassess what we do for our patients, are we preventing dental disease?*

**Have we gotten into a routine that doesn't support prevention as much as it supports treatment?**

Biofilm management is the name of the game, both in-office and at-home. Focusing more on biofilm management during patient care could be what tips the scale for patients.

*What if we flipped the script during our patient care process and placed behavior change and motivation at the top of the appointment?*

If disease prevention is based on at-home biofilm management, flipping the appointment, and first coaching the patient vs. leaving it to last could be advantageous.

Moving then into a therapeutic procedure, like air powder polishing, based on their assessment and diagnosis, instead of placing a scaler to the tooth could promote prevention over treatment.